

# Fontainebleau / Nemours

## La Scandibérique



**Départ**  
Fontainebleau

**Arrivée**  
Nemours

**Durée**  
2 h 02 min

**Distance**  
30,23 Km

**Niveau**  
I begin / Family

**Thématique**  
Major site

At the level of St-Mammès, you shift from the Seine to follow the Canal du Loing. This stage is quieter than the previous one, but the surfacing is rough in parts. Moret-sur-Loing has a bike museum at which cyclists along the Scandibérique may wish to pay homage, while Nemours is proud of its very complete museum dedicated to prehistory in the Ile-de-France Region. Both towns boast a remarkable medieval heritage and are well worth a proper stop. Riders, do make the most of a pause along the charming Canal du Loing before heading further south along the Scandibérique cycle route.

### The route

Cross the Seine at Vulaines sur-Seine via Valvins Bridge. Cycle paths and cycle lanes along the Seine, then greenway beside the Canal du Loing. Signposted EV3.

**Surfacing in parts smooth, in parts rough:** the asphalt surface along the canal is patchy in parts.

### Link

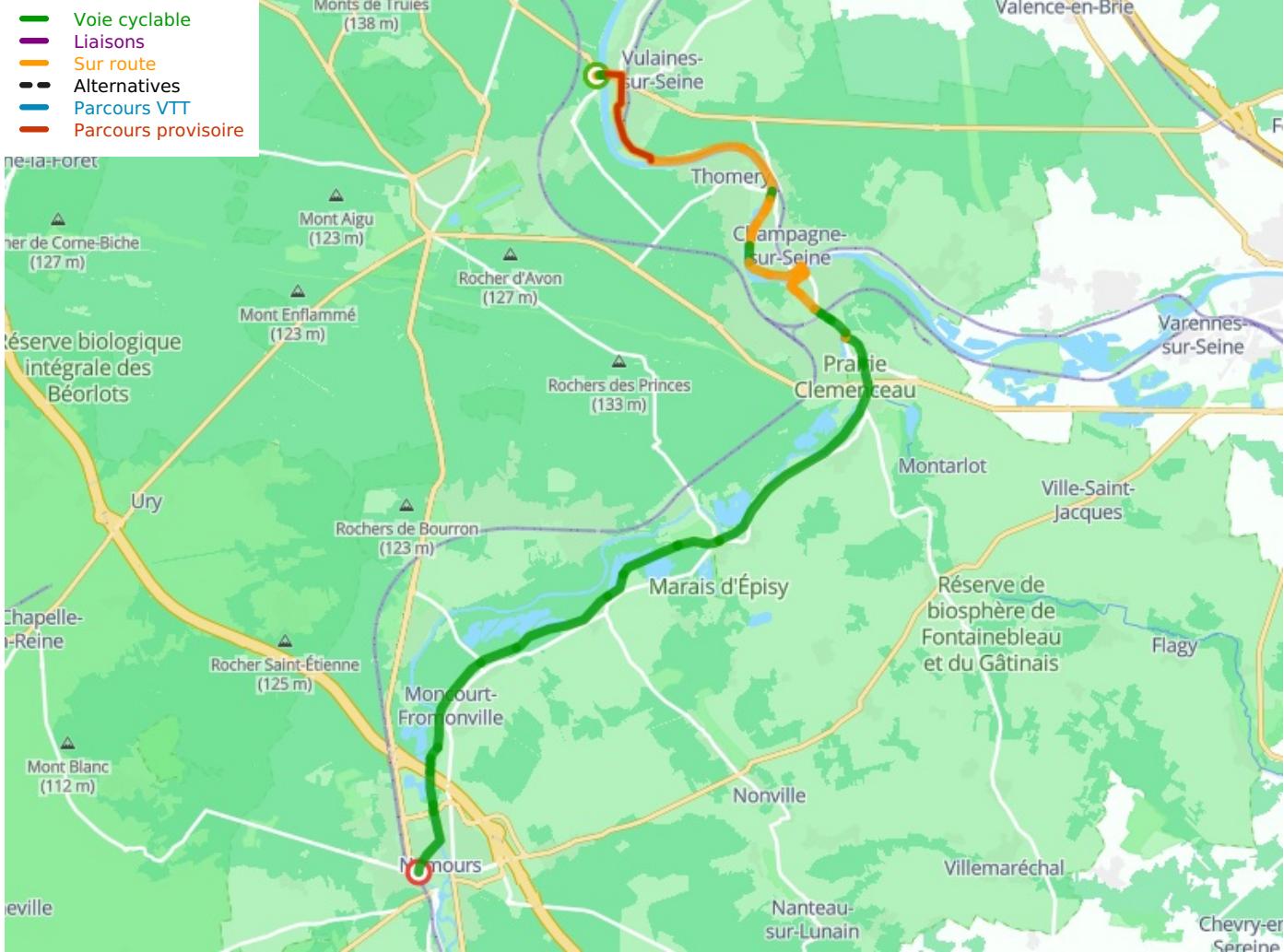
Cycling link towards Fontainebleau from Valvins Bridge.

### Trains

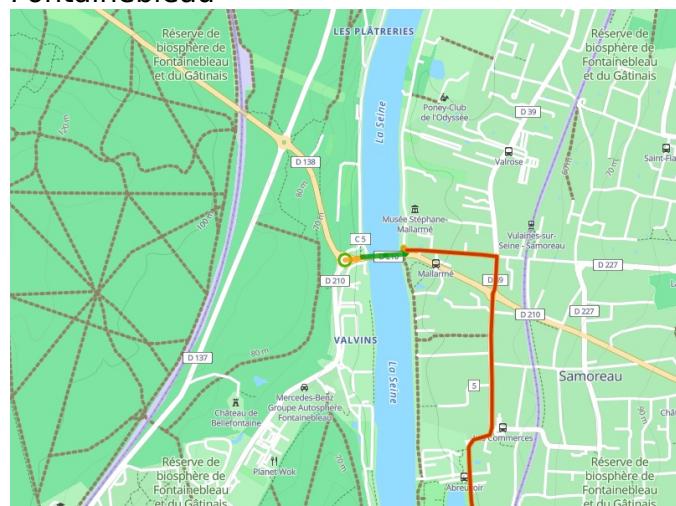
- Moret-sur-Loing Veneux-les-Sablons Transilien train station
- Montigny sur Loing Transilien train station
- Bourron Marlotte Grez Transilien train station
- Nemours Saint-Pierre Transilien train station

### Don't miss

- **Fontainebleau:** the historic town centre; [the grand château](#); forest walks and hikes
- **Thomery:** Château Rosa Bonheur (named after a 19th-century animal painter)
- **Moret-sur-Loing:** the old centre; the Musée du Vélo de Moret-sur-Loing, a cycling museum
- **Grez-sur-Loing:** the Tour de Ganne; the church of Our Lady and St Lawrence (12th-century); the old stone bridge
- **Nemours:** the Château-museum; Le Zia, a tourist boat with panoramic windows, departing from Montcourt for Nemours (stopping at the Château de Nemours)



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